

| Surname | First Name | Year | Time | Comment |
|----------------|-------------------|-------------|-------------|----------------|
| Ackerley | Bryan | 2007 | No Time | Narcissus |
| Ackerley | Bryan | 2008 | 11:15 | |
| Ackerley | Bryan | 2009 | 10:42 | |
| Albanis | Paul | 2010 | 14:18 | |
| Allan | Amanda | 2003 | 14:50 | |
| Allan | Amanda | 2004 | No Time | Narcissus |
| Allan | Peter | 1999 | 12:14 | |
| Allison | Harvey | 1986 | 14:58 | |
| Allston | Hanny | 2013 | 08:13 | Female Record |
| Allston | Hanny | 2005 | 09:49 | |
| Andersen | Nik | 2013 | 11:38 | |
| Anderson | Katy | 2015 | 12:51 | |
| Anderson | Nicole | 2014 | No time | Narcissus |
| Anderson | Nicole | 2015 | No Time | Narcissus |
| Anderson | Peter | 1985 | 11:25 | |
| Anderson | Peter | 1999 | 12:28 | |
| Andich | Chris | 2005 | 14:01 | |
| Andrewartha | Rod | 1996 | 12:44 | |
| Andrewartha | Rod | 1997 | 11:49 | |
| Andrewartha | Rod | 1998 | 11:14 | |
| Andrewartha | Rod | 1999 | 10:57 | |
| Andrewartha | Rod | 2000 | 11:32 | |
| Andrewartha | Rod | 2001 | 12:32 | |
| Andrewartha | Rod | 2002 | 12:11 | |
| Andrewartha | Rod | 2003 | 11:57 | |
| Andrewartha | Rod | 2005 | 12:05 | |
| Andrewartha | Rod | 2006 | 12:20 | |
| Andrews | Vaughan | 2015 | 11:28 | |
| Andrews | Vaughan | 2018 | 12:12 | |
| Angel | Tegyn | 2013 | 11:54 | |
| April | Mike | 1987 | 15:03 | |
| Armistead | Peter | 1987 | 15:33 | |
| Armstrong | Clayton | 2015 | No Time | Narcissus |
| Ashton | Paul | 1998 | 14:24 | |
| Ashton | Paul | 1999 | No Time | Narcissus |
| Ashton | Paul | 2000 | 12:24 | |
| Ashton | Paul | 2001 | No Time | Narcissus |
| Ashton | Paul | 2002 | 13:37 | |
| Ashton | Paul | 2004 | 13:27 | |
| Ashton | Paul | 2005 | 13:51 | |
| Ashton | Paul | 2006 | 13:37 | |
| Ashton | Paul | 2007 | No Time | Narcissus |
| Ashton | Paul | 2009 | 14:13 | |
| Atkin | Fred | 1997 | 11:25 | |
| Atkin | Fred | 1999 | 12:28 | |
| Atkinson | Dale | 2001 | No Time | Narcissus |
| Atkinson | Dale | 2002 | 13:19 | |
| Atkinson | Dale | 2003 | 12:28 | |
| Atkinson | Dale | 2005 | No Time | Narcissus |
| Atkinson | Don | 1995 | No Time | Narcissus |
| Atkinson | Sally | 2000 | 14:25 | |
| Atkinson | Sally | 2001 | 15:10 | |
| Atkinson | Sally | 2002 | 13:19 | |
| Atkinson | Sally | 2003 | 12:28 | |
| Atkinson | Sally | 2004 | 12:44 | |

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|-------------|-----------|------|---------|-----------|
| Atkinson | Sally | 2005 | 13:05 | |
| Atkinson | Sally | 2011 | 13:05 | |
| Atkinson | Sally | 2012 | 13:26 | |
| Atkinson | Sally | 2013 | 15:36 | |
| Austin | Patrick | 1992 | 15:55 | |
| Austin | Tim | 2005 | 12:47 | |
| Avery | Ron | 1994 | 12:04 | |
| Ayliffe | John | 1992 | No Time | Narcissus |
| Aylott | Nigel | 1996 | 09:34 | |
| Aylott | Nigel | 1998 | 09:35 | |
| Aylott | Nigel | 1999 | 08:16 | |
| Bailey | Mark | 2001 | No Time | Narcissus |
| Baker | Matt | 2015 | 11:57 | |
| Baldwin | David | 2011 | 11:39 | |
| Banks | Gareth | 2014 | 10:34 | |
| Barker | Nicole | 2014 | No time | Narcissus |
| Barnes | Richard | 2010 | 12:54 | |
| Barnes | Rodney | 2000 | 10:28 | |
| Barnes | Rodney | 2001 | 10:47 | |
| Barnes | Rodney | 2002 | 09:54 | |
| Barr | Sandra | 1997 | No Time | Narcissus |
| Barringer | Joshua | 2017 | 12:25 | |
| Bartholomew | Ash | 2014 | 14:27 | |
| Bartlett | Richard | 1992 | No Time | Narcissus |
| Bartlett | Richard | 1995 | No Time | Narcissus |
| Bartlett | Richard | 1996 | 14:17 | |
| Beament | Lance | 2018 | 14:01 | |
| Beattie | David | 1988 | 13:22 | |
| Beech | Georgina | 2018 | 12:53 | |
| Beeston | Phil | 2013 | 12:31 | |
| Beeston | Phil | 2014 | 11:55 | |
| Beeston | Phil | 2015 | 10:54 | |
| Beeston | Phil | 2017 | 11:06 | |
| Bell | Tamyka | 2008 | No Time | Narcissus |
| Bence | Stephen | 2000 | 12:41 | |
| Bence | Stephen | 2002 | 11:46 | |
| Bendall | Gavin | 2018 | 12:54 | |
| Benn | Chris | 1990 | 11:22 | |
| Benn | David | 2018 | 13:00 | |
| Bennett | Elizabeth | 2010 | 14:43 | |
| Bennett | Scott | 2018 | 8:01 | |
| Bentley | Steve | 2006 | 12:11 | |
| Bentley | Steve | 2007 | 11:48 | |
| Berry | Ian | 2001 | 15:44 | |
| Berry | Ian | 2002 | 12:11 | |
| Best | Gregg | 2018 | No time | Pelion |
| Best | Steven | 2013 | No Time | Narcissus |
| Bill | Ross | 1993 | 10:04 | |
| Bill | Ross | 1994 | 09:39 | |
| Birch | Paul | 1992 | 13:15 | |
| Bird | Paul | 2013 | 09:43 | |
| Black | Andrew | 2009 | 09:09 | |
| Black | Paul | 2009 | 13:32 | |
| Blake | Clarence | 2009 | 09:12 | |
| Blinco | Trent | 2018 | 12:45 | |
| Blobel | Norbert | 2014 | No time | Narcissus |

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|------------|-----------|------|---------|-----------|
| Bloomer | Brian | 1985 | 12:17 | |
| Boeker | Judd | 2012 | 13:18 | |
| Bogenhuber | Max | 1987 | 11:18 | |
| Bonney | Phil | 2011 | 10:39 | |
| Boocock | Jennifer | 2014 | 11:29 | |
| Booth | David | 1985 | 11:45 | |
| Booth | Michael | 2003 | 12:58 | |
| Booth | Michael | 2004 | No Time | Pelion |
| Booth | Michael | 2005 | 12:55 | |
| Booth | Michael | 2006 | 13:59 | |
| Booth | Michael | 2007 | No Time | Narcissus |
| Booth | Oskar | 2014 | 08:45 | |
| Bowden | Damian | 2008 | 12:12 | |
| Bowden | Damian | 2009 | 12:49 | |
| Bowring | Brian | 1995 | No Time | Narcissus |
| Boyle | Brad | 1998 | 14:35 | |
| Bradburn | Michael | 2017 | 13:02 | |
| Bradley | Hamish | 2018 | 13:38 | |
| Bradley | Malcolm | 2007 | 11:31 | |
| Breier | Sarah | 1996 | 14:10 | |
| Brett | Peter | 2010 | 14:05 | |
| Brewster | Shaun | 2007 | 13:59 | |
| Briggs | Andrew | 1985 | 11:42 | |
| Briggs | Andrew | 1986 | 11:01 | |
| Briggs | Andrew | 1989 | 09:50 | |
| Briggs | Andrew | 1990 | 09:22 | |
| Briggs | Andrew | 1991 | No Time | Narcissus |
| Briggs | Andrew | 1993 | 10:07 | |
| Briggs | Andrew | 1998 | 12:00 | |
| Broadbent | Warren | 1986 | No Time | Unknown |
| Brock | John | 1994 | 10:52 | |
| Brockman | Chantal | 2013 | 13:39 | |
| Broughton | Bill | 1997 | 11:03 | |
| Brown | Bernard | 1996 | No Time | Narcissus |
| Brown | Christine | 1999 | 13:06 | |
| Brown | Christine | 2000 | No Time | Narcissus |
| Brown | Marcel | 1999 | 10:59 | |
| Brown | Marcel | 2002 | 10:55 | |
| Brown | Marcel | 2003 | 10:50 | |
| Brown | Marcel | 2004 | 10:48 | |
| Brown | Marcel | 2006 | 12:28 | |
| Brown | Marcel | 2007 | 12:41 | |
| Brown | Marcel | 2008 | 12:51 | |
| Brown | Marcel | 2010 | 11:58 | |
| Brown | Mark | 2014 | 13:11 | |
| Browne | Phil | 1998 | 12:54 | |
| Browne | Phil | 1999 | 13:22 | |
| Brunning | Robert | 2012 | 11:54 | |
| Bugg | John | 2005 | 12:23 | |
| Bull | Alexis | 2002 | 10:19 | |
| Bunt | George | 2015 | 12:11 | |
| Burford | Andrew | 2015 | 10:19 | |
| Burford | Thomas | 2015 | 9:45 | |
| Burgess | Gary | 2009 | 12:42 | |
| Burgess | Paul | 2014 | 13:36 | |
| Burke | Terry | 1998 | 12:30 | |

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|------------------|----------|------|---------|-----------|
| Burke | Terry | 1999 | 10:44 | |
| Burke | Terry | 2000 | 10:36 | |
| Burke | Terry | 2001 | 12:43 | |
| Burke | Terry | 2002 | 12:19 | |
| Burns | Linton | 2007 | 09:20 | |
| Burrell | Buzz | 2009 | 11:52 | |
| Burrill | Peter | 2002 | 13:53 | |
| Burrill | Peter | 2003 | 13:26 | |
| Bussey | Peter | 1992 | 12:57 | |
| Butler | Bret | 2018 | No time | Narcissus |
| Butler | Brett | 2007 | 14:42 | |
| Butler | Rebecca | 2017 | 12:18 | |
| Byrnes | Dave | 2005 | 12:18 | |
| Byron | Wayne | 2000 | 12:44 | |
| Calder | Andrew | 1985 | 09:26 | |
| Campbell | Scott | 2004 | 12:43 | |
| Cannell | John | 2009 | 10:58 | |
| Cannell | John | 2010 | 10:12 | |
| Cannell | John | 2011 | 09:49 | |
| Cannell | John | 2012 | 10:37 | |
| Cannell | John | 2013 | 10:04 | |
| Cannell | John | 2014 | 10:41 | |
| Cannell | John | 2015 | 11:06 | |
| Cannell | John | 2017 | 9:41 | |
| Cannell | John | 2018 | 9:47 | |
| Cardelli | Beth | 2011 | 09:46 | |
| Carmody | Paul | 2004 | 10:21 | |
| Carmody | Paul | 2010 | 11:22 | |
| Carrigan | John | 1998 | 13:20 | |
| Carrington-Smith | Michelle | 1997 | 11:06 | |
| Carson | Max | 1984 | 12:50 | |
| Carter | Ray | 2006 | 13:39 | |
| Carter | Ray | 2007 | 12:53 | |
| Casanova | Jenny | 2010 | 12:53 | |
| Casey | Mike | 1996 | 14:58 | |
| Cassidy | Kevin | 1990 | 13:41 | |
| Cassidy | Kevin | 1991 | 11:50 | |
| Cassidy | Kevin | 1994 | 11:38 | |
| Causer | Mark | 2010 | No Time | Narcissus |
| Chamberlain | Matthew | 2009 | 12:24 | |
| Chambers | Charles | 2005 | 11:42 | |
| Cheshire | Jason | 2007 | No Time | Narcissus |
| Chetwynd | Bruce | 1990 | 12:14 | |
| Chetwynd | Bruce | 1991 | 11:37 | |
| Chetwynd | Bruce | 1992 | 11:01 | |
| Chetwynd | Bruce | 1996 | 10:08 | |
| Chetwynd | Bruce | 1997 | 11:02 | |
| Chetwynd | Bruce | 1998 | 09:37 | |
| Chetwynd | Bruce | 2009 | 11:21 | |
| Claridge | John | 2010 | 10:28 | |
| Clark | Neil | 1993 | 12:52 | |
| Clark | Neil | 1994 | No Time | Narcissus |
| Clark | Neil | 1995 | 12:39 | |
| Clark | Neil | 1996 | No Time | Narcissus |
| Clauson | Kris | 2000 | 07:53 | |
| Clauson | Kris | 2001 | 09:07 | |

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|--------------|----------|------|---------|-----------|
| Clauson | Sean | 2000 | 08:54 | |
| Clauson | Sean | 2003 | 09:16 | |
| Cleary | Terry | 2011 | 14:08 | |
| Cleaver | Kevin | 1989 | No Time | Unknown |
| Clippingdale | Tom | 2017 | 10:53 | |
| Coates | Robert | 1997 | 14:15 | |
| Cock | Philip | 2004 | 12:12 | |
| Cock | Philip | 2005 | 11:57 | |
| Cockshutt | Marcus | 2013 | 11:51 | |
| Colcombe | Eddie | 1987 | No Time | Unknown |
| Coles | David | 1990 | 11:44 | |
| Cole | David | 1991 | 12:38 | |
| Cole | David | 1995 | 10:42 | |
| Cole | David | 1997 | 10:58 | |
| Cole | David | 1998 | 09:53 | |
| Cole | David | 1999 | 11:15 | |
| Cole | David | 2000 | 11:38 | |
| Cole | David | 2005 | 11:01 | |
| Cole | David | 2006 | 11:43 | |
| Cole | David | 2009 | 11:18 | |
| Cole | David | 2011 | 11:24 | |
| Cole | David | 2013 | 11:04 | |
| Cole | David | 2015 | 12:33 | |
| Cole | David | 2018 | 12:35 | |
| Cole | Karen | 1999 | 13:44 | |
| Cole | Karen | 2000 | 13:50 | |
| Cole | Karen | 2006 | No Time | Narcissus |
| Cole | Karen | 2010 | 13:53 | |
| Cole | Karen | 2012 | 14:13 | |
| Collin | Jeanette | 1985 | 12:20 | |
| Collin | Jeanette | 1988 | 13:22 | |
| Collin | Jeanette | 1989 | 12:13 | |
| Collin | Jeanette | 1990 | 12:41 | |
| Collin | Jeanette | 1991 | 13:11 | |
| Collin | Jeanette | 1992 | 13:45 | |
| Collin | Jeanette | 1993 | No Time | Narcissus |
| Collin | Jeanette | 1994 | 12:38 | |
| Collin | Jeanette | 1995 | 13:28 | |
| Collin | Jeanette | 1996 | No Time | Narcissus |
| Collin | Jeanette | 1997 | No Time | Narcissus |
| Collin | Jeanette | 1998 | No Time | Narcissus |
| Collins | Jessica | 2015 | 11:46 | |
| Collins | Jessica | 2017 | 11:20 | |
| Collins | Jessica | 2018 | 10:37 | |
| Collins | Kevin | 2010 | 12:55 | |
| Cook | Kim | 2008 | 11:35 | |
| Coombs | Henri | 2015 | 10:59 | |
| Cooper | Matt | 2009 | 09:28 | |
| Cooper | Matt | 2013 | 08:09 | |
| Coote | Anthony | 1997 | No Time | Narcissus |
| Coote | Anthony | 1998 | 11:42 | |
| Cornellan | John | 1984 | 10:41 | |
| Cowling | Gayle | 2015 | 13:24 | |
| Cox | Andrew | 2007 | 13:16 | |
| Cox | Andrew | 2008 | 12:12 | |
| Cox | Andrew | 2009 | 12:49 | |

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|--------------|-----------|------|---------|-----------|
| Cozzens | Jim | 1985 | 11:25 | |
| Crawthorne | Tony | 1990 | 13:41 | |
| Cribb | Lyn | 1992 | 15:55 | |
| Crook | John | 1991 | 15:14 | |
| Crook | John | 1992 | 13:00 | |
| Crook | John | 1993 | 12:32 | |
| Crook | John | 1994 | 12:33 | |
| Crook | John | 1995 | 12:22 | |
| Crook | John | 1996 | 14:10 | |
| Crook | John | 1997 | 13:17 | |
| Crook | John | 1998 | 13:08 | |
| Crook | John | 1999 | 13:49 | |
| Crook | John | 2000 | 14:00 | |
| Cunningham | Peter | 1993 | 12:32 | |
| Cunningham | Steve | 2015 | 11:12 | |
| Cuthbert | Paul | 2014 | 09:10 | |
| Cutler | Rod | 2009 | 11:30 | |
| Czeszek | Peter | 2005 | 11:00 | |
| Dailey | Bruce | 2015 | 12:51 | |
| Dalziel | Matt | 2005 | 08:22 | |
| Dalziel | Matt | 2006 | 07:49 | |
| Darby | Edward | 2002 | No Time | Narcissus |
| Davies | Clive | 1984 | 10:52 | |
| Davies | Nigel | 1993 | 12:11 | |
| Davies | Peter | 2012 | No Time | Narcissus |
| Davis | Alan | 1985 | 10:13 | |
| Davis | Alan | 1986 | 11:10 | |
| Davis | Alan | 1987 | 13:04 | |
| Davis | Alan | 1988 | 12:19 | |
| Davis | Ivan | 1995 | 12:28 | |
| Davis | Ivan | 1997 | 13:10 | |
| Davis | Ivan | 1998 | 12:43 | |
| Davis | Ivan | 2000 | 12:20 | |
| Davis | Ivan | 2001 | No Time | Narcissus |
| Davis | Maryanne | 1994 | No Time | Narcissus |
| Deegan | Jonathan | 1998 | No Time | Narcissus |
| Dempsey | Ian | 2005 | 14:26 | |
| Denis | Mike | 1998 | 13:54 | |
| Denis | Mike | 1999 | No Time | Narcissus |
| Denis | Mike | 2001 | No Time | Narcissus |
| Dernee | Phill | 2015 | 10:06 | |
| Devine | Ken | 2001 | 15:07 | |
| Devine | Ken | 2002 | 11:56 | |
| Diamantides | Helene | 2001 | 09:16 | |
| Diamantides | Helene | 2003 | 09:50 | |
| Doley | Weston | 2015 | 13:53 | |
| Doley | Weston | 2017 | 12:54 | |
| Donovan | Jim | 1986 | No Time | Unknown |
| Dose | Stephen | 2012 | 11:31 | |
| Dose | Wesley | 2012 | 09:24 | |
| Dowling | Kerry | 1993 | 12:06 | |
| Doyle | David | 1994 | 10:45 | |
| Dreverman-We | Sue | 1990 | 12:37 | |
| Duncan | Genevieve | 1999 | 11:55 | |
| Duncan | Genevieve | 2002 | 10:19 | |
| Duncan | Peter | 2010 | 14:05 | |

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|-------------|----------|------|---------|-----------|
| Duncan | Sam | 2005 | 11:49 | |
| Dunican | Ian | 2011 | 12:30 | |
| Dunican | Ian | 2012 | 11:55 | |
| Dunlop | Graeme | 1984 | No Time | Unknown |
| Dunn | Ian | 1983 | 10:20 | |
| Dunn | Ian | 1984 | 09:04 | |
| Dunn | Ian | 1989 | No Time | Unknown |
| Dunn | Ian | 1990 | 12:30 | |
| Durand | Helen | 2015 | 12:24 | |
| Eccleston | Richard | 1999 | 10:28 | |
| Edmunds | Richard | 1992 | 14:25 | |
| Edwards | Michael | 2018 | 12:54 | |
| Eisler | Marita | 2012 | 12:29 | |
| Elson | Grace | 2006 | 12:10 | |
| Emery | Ken | 1984 | 12:50 | |
| Ennis-King | Jonathan | 2018 | 13:12 | |
| Estcourt | Stephen | 1993 | 14:54 | |
| Evans | Anthony | 2003 | 12:52 | |
| Evans | Brad | 2013 | 12:59 | |
| Evans | David | 1996 | No Time | Narcissus |
| Evans | David | 1998 | 14:00 | |
| Evans | David | 1999 | 13:42 | |
| Evans | David | 2000 | 13:06 | |
| Evans | James | 1997 | 09:29 | |
| Ewing | Paul | 2012 | No Time | Narcissus |
| Fahey | Paul | 2008 | 11:26 | |
| Farebrother | Gary | 2009 | 11:58 | |
| Farmer | Patrick | 1991 | 12:38 | |
| Farrar | Carolyn | 2017 | 14:16 | |
| Febey | Lloyd | 1992 | 14:51 | |
| Febey | Lloyd | 1993 | 14:20 | |
| Febey | Lloyd | 1996 | 14:22 | |
| Febey | Lloyd | 1997 | No Time | Narcissus |
| Febey | Lloyd | 2000 | 14:25 | |
| Febey | Lloyd | 2001 | No Time | Narcissus |
| Fedosejevs | Richard | 2001 | 14:31 | |
| Fedosejevs | Richard | 2005 | No Time | Narcissus |
| Fennell | Graeme | 1987 | 16:00 | |
| Fennell | Graeme | 1988 | 13:15 | |
| Fennell | Graeme | 1990 | 13:44 | |
| Fennell | Graeme | 1991 | 13:37 | |
| Fennell | Graeme | 1992 | 13:17 | |
| Fennell | Graeme | 1993 | 12:52 | |
| Fennell | Graeme | 1994 | 14:21 | |
| Fennell | Graeme | 1995 | 14:12 | |
| Fennell | Graeme | 1996 | 14:34 | |
| Fennell | Graeme | 1997 | No Time | Narcissus |
| Fennell | Graeme | 1998 | No Time | Narcissus |
| Ferguson | Rick | 2001 | 15:54 | |
| Ferguson | Rick | 2002 | 12:34 | |
| Field | Alf | 1992 | No Time | Narcissus |
| Field | Alf | 1993 | 11:56 | |
| Field | Alf | 1995 | 13:23 | |
| Fisher | Dave | 1997 | 12:39 | |
| Fisher | Dave | 1998 | 11:59 | |
| Fisher | Dave | 1999 | 10:57 | |

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|-----------|----------|------|---------|-----------|
| Fisher | Dave | 2000 | No Time | Narcissus |
| Fisher | Dave | 2001 | 13:12 | |
| Fisher | Dave | 2003 | 11:48 | |
| Fist | Andy | 2011 | 09:46 | |
| Fist | Andy | 2015 | 10:54 | |
| Fitchett | Steve | 2012 | 10:42 | |
| Fletcher | Robyn | 2006 | 13:14 | |
| Flittner | Emma | 2017 | 9:37 | |
| Flittner | Emma | 2018 | 9:09 | |
| Foley | Garth | 1981 | 09:25 | |
| Foley | Garth | 1982 | 11:35 | |
| Fong | Celesta | 2017 | No Time | Narcissus |
| Foot | Greg | 1982 | 14:00 | |
| Foot | Greg | 1985 | 12:51 | |
| Foot | Greg | 1989 | 13:35 | |
| Foot | Greg | 1995 | 14:12 | |
| Foot | Greg | 1998 | No Time | Narcissus |
| Forbes | Virginia | 2010 | 12:54 | |
| Fowler | Gill | 2011 | 11:14 | |
| Fowler | Gill | 2014 | 09:28 | |
| Fowler | Gill | 2015 | 9:19 | |
| Francis | Colin | 2009 | 12:46 | |
| Fryer | Martin | 2002 | 11:06 | |
| Gamble | Malcolm | 2007 | 13:05 | |
| Gamble | Malcolm | 2008 | 11:42 | |
| Gamble | Malcolm | 2009 | 12:25 | |
| Gardiner | Peter | 2007 | 13:31 | |
| Garnett | Ed | 2011 | 12:57 | |
| Garratt | Clinton | 2018 | 13:46 | |
| Garske | Paul | 2017 | 12:42 | |
| Garske | Paul | 2018 | 12:01 | |
| George | Craig | 2013 | 13:45 | |
| Gerber | Simon | 2005 | No Time | Narcissus |
| Giblin | Dean | 2001 | No Time | Narcissus |
| Giblin | Mandy | 2001 | 14:56 | |
| Gibson | Stu | 2011 | 08:08 | |
| Gibson | Stu | 2013 | 08:01 | |
| Gibson | Stu | 2014 | 07:59 | |
| Gibson | Stu | 2015 | 8:06 | |
| Gibson | Stuart | 2018 | 8:27 | |
| Gillies | Cameron | 2010 | 12:51 | |
| Girvan | David | 1992 | 15:55 | |
| Gladwell | Paul | 2011 | 12:50 | |
| Glass | Leah | 2012 | 13:18 | |
| Goerke | Damon | 2009 | 08:38 | |
| Goldie | Nick | 1981 | No Time | Unknown |
| Goldie | Nick | 1982 | No Time | Unknown |
| Goldstraw | Ashley | 1998 | 12:47 | |
| Goldstraw | Ashley | 2000 | No Time | Narcissus |
| Gott | Rob | 2001 | 14:24 | |
| Gould | Nigel | 2005 | No Time | Narcissus |
| Graham | Alan | 1992 | 14:25 | |
| Graham | Alan | 2001 | No Time | Pelion |
| Graham | Dave | 2012 | 11:10 | |
| Gray | Sue | 1992 | 13:18 | |
| Gray | Sue | 1993 | 12:14 | |

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|------------|----------|------|---------|------------|
| Gray | Sue | 1995 | 12:17 | |
| Gray | Sue | 1996 | 12:44 | |
| Gray | Sue | 1997 | 11:45 | |
| Greaves | Bruce | 1992 | 11:57 | |
| Green | Paul | 1993 | 12:12 | |
| Greenhill | Sean | 2001 | No Time | Narcissus |
| Greenhill | Sean | 2002 | 12:50 | |
| Gregory | Lorna | 2006 | 12:39 | |
| Gregory | Matthew | 1993 | 10:04 | |
| Grigg | Aaron | 2011 | 10:39 | |
| Griggs | Harvey | 2006 | 13:31 | |
| Grose | Fleur | 2009 | 13:19 | |
| Groshev | Gennardy | 1994 | 08:26 | |
| Grove | Claire | 2014 | No time | Narcissus |
| Grubert | Doug | 2011 | 08:49 | |
| Guy | Jacqui | 2014 | No time | Echo Point |
| Guy | Mark | 2002 | 08:58 | |
| Guy (Page) | Jacqui | 2001 | 13:12 | |
| Guy (Page) | Jacqui | 2002 | 11:31 | |
| Guy (Page) | Jacqui | 2008 | 11:20 | |
| Haenggi | Michel | 2015 | 11:08 | |
| Hage | Robijn | 2009 | 10:15 | |
| Hall | Peter | 2008 | 11:24 | |
| Hall | Peter | 2009 | 11:07 | |
| Hammond | Graham | 1994 | 11:21 | |
| Hammond | Graham | 1995 | 11:00 | |
| Hammond | Graham | 2013 | 10:10 | |
| Handley | Michael | 2010 | 12:31 | |
| Harding | Michael | 1991 | 11:22 | |
| Hardman | Chloe | 2013 | 13:13 | |
| Hargreaves | Bruce | 1995 | 14:53 | |
| Harradine | Alan | 1990 | 12:14 | |
| Harris | Don | 1981 | 10:55 | |
| Harris | Jeremy | 2003 | 12:28 | |
| Hatfield | Gregory | 2003 | 14:20 | |
| Hattrell | Jonathan | 1998 | No Time | Narcissus |
| Hattrell | Jonathan | 1999 | 09:43 | |
| Hawke | Corey | 2015 | 13:19 | |
| Hawthorne | Neil | 2009 | 12:41 | |
| Hawthorne | Neil | 2014 | 12:17 | |
| Hawthorne | Neil | 2018 | 12:17 | |
| Hawthorne | Thomas | 2014 | 09:18 | |
| Hayward | Glenn | 2008 | 14:28 | |
| Headlam | Chris | 2004 | 10:55 | |
| Headlam | Richard | 2004 | 10:57 | |
| Heap | David | 1992 | 13:16 | |
| Heap | David | 1993 | No Time | Narcissus |
| Heap | David | 2001 | No Time | Narcissus |
| Heatley | Dave | 2005 | 09:57 | |
| Heatley | Dave | 2006 | 09:39 | |
| Heatley | Dave | 2007 | 09:08 | |
| Heatley | Dave | 2009 | 10:09 | |
| Heatley | Dave | 2010 | 09:03 | |
| Heatley | Dave | 2011 | 08:45 | |
| Heatley | Dave | 2012 | 08:45 | |
| Heatley | Dave | 2013 | 09:12 | |

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|-----------|---------|------|---------|------------|
| Heatley | Dave | 2014 | 13:01 | |
| Heatley | Dave | 2015 | 9:49 | |
| Heatley | Dave | 2017 | 9:18 | |
| Heatley | David | 2018 | 10:07 | |
| Hegarty | Matt | 2011 | 11:46 | |
| Heitz | Marie | 2018 | 13:28 | |
| Helliwell | Chris | 2013 | 09:34 | |
| Henderson | Chris | 2017 | No Time | Narcisssus |
| Henderson | John | 1998 | No Time | Helicopter |
| Henderson | Sean | 2004 | 11:00 | |
| Henricks | Aub | 2009 | 08:58 | |
| Henricks | Aubrey | 2006 | 09:16 | |
| Henricks | Aubrey | 2007 | 09:49 | |
| Henricks | Aubrey | 2010 | 09:18 | |
| Henschke | Philip | 2014 | No time | Narcissus |
| Henschke | Philip | 2015 | No Time | Narcissus |
| Hepher | David | 1995 | 11:32 | |
| Heseltine | Steven | 2008 | No Time | Narcissus |
| Hewat | Andrew | 2000 | 14:38 | |
| Hewat | Andrew | 2010 | 11:49 | |
| Hewat | Andrew | 2014 | No time | Narcissus |
| Hewat | Andrew | 2017 | 14:36 | |
| Hewat | Andrew | 2018 | 13:36 | |
| Hewat | Andy | 2015 | 12:20 | |
| Hewitt | Peter | 2003 | 13:04 | |
| Hewlett | Keith | 1991 | 15:23 | |
| Hewlett | Keith | 1992 | 14:56 | |
| Hicks | Andrew | 1992 | 11:57 | |
| Hilder | Greg | 1995 | No Time | Narcissus |
| Hill | Andrew | 2006 | 09:14 | |
| Hinds | Amy | 2011 | 12:44 | |
| Hinds | Dean | 2000 | 14:33 | |
| Hinds | Dean | 2001 | No Time | Narcissus |
| Hingston | Malcolm | 2014 | 15:07 | |
| Hirst | Ben | 2017 | 10:11 | |
| Hoare | Peter | 2002 | 12:39 | |
| Hoare | Peter | 2003 | 11:12 | |
| Hoare | Peter | 2004 | 10:23 | |
| Hoare | Peter | 2005 | 12:11 | |
| Hoare | Peter | 2006 | 10:07 | |
| Hoare | Peter | 2007 | 10:50 | |
| Hoare | Peter | 2012 | No Time | Narcissus |
| Hodder | Jeff | 2012 | 11:53 | |
| Hodder | Jeff | 2013 | 12:14 | |
| Hodgens | Patrick | 2010 | 11:39 | |
| Hood | Allan | 2010 | 08:43 | |
| Hood | Allan | 2012 | 09:52 | |
| Hood | Allan | 2013 | 10:10 | |
| Hood | Allan | 2017 | 11:09 | |
| Hood | Allan | 2005 | 09:10 | |
| Hood | Allan | 2007 | 09:07 | |
| Hook | Geoff | 1987 | 15:33 | |
| Hook | Geoff | 1990 | 12:10 | |
| Hooker | Glenn | 2011 | 13:05 | |
| Hopkins | Janine | 1991 | 13:52 | |
| Horne | Chery | 1992 | 13:44 | |

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|-----------|----------|------|---------|-----------|
| Horne | Chery | 1993 | 11:39 | |
| Horne | Ron | 1992 | 13:44 | |
| Hoskinson | Peter | 1996 | 11:56 | |
| Hoskinson | Peter | 1997 | 10:45 | |
| Hoskinson | Peter | 1999 | 11:22 | |
| Hove | Alec | 1998 | 11:14 | |
| Hove | Alec | 1999 | 10:54 | |
| Hove | Alec | 2000 | 10:04 | |
| Hove | Alec | 2001 | 12:18 | |
| Hove | Alec | 2002 | 10:37 | |
| Hove | Alec | 2003 | 10:15 | |
| Hove | Alec | 2004 | 11:23 | |
| Hove | Alec | 2005 | 11:12 | |
| Hove | Alec | 2006 | 11:56 | |
| Hove | Alec | 2007 | 12:26 | |
| Howard | Gavin | 1993 | 11:02 | |
| Howell | Tegwen | 2010 | No Time | Narcissus |
| Howlett | Nick | 1999 | 11:17 | |
| Huggard | Julie | 2010 | 12:55 | |
| Hughes | Randall | 1998 | 12:43 | |
| Hughes | Warren | 1998 | 13:05 | |
| Hugill | Phillip | 1995 | 11:34 | |
| Hutchison | Ian | 1985 | 14:07 | |
| Hutchison | Ian | 1986 | 14:58 | |
| Hutchison | Ian | 1987 | 16:00 | |
| Hyman | Jim | 1995 | 14:02 | |
| Hyslop | Malcolm | 2017 | 14:18 | |
| Hyslop | Malcolm | 2018 | 12:25 | |
| Ibbotson | Dan | 2015 | No Time | Narcissus |
| Incoll | Bruce | 2002 | 13:06 | |
| Infanti | Adrian | 2011 | 13:16 | |
| Infanti | Brett | 2011 | 13:16 | |
| Innes | Fiona | 2001 | No Time | Narcissus |
| Ives | Kathleen | 2001 | No Time | Narcissus |
| Jakus | Gabor | 2017 | 12:11 | |
| Jamieson | Pip | 2010 | 14:05 | |
| Jarvis | Robert | 2015 | 10:46 | |
| Jeffery | Elisa | 2018 | 9:59 | |
| John | Michael | 2014 | 12:24 | |
| Johnson | Adam | 2002 | 11:28 | |
| Johnson | Adam | 2003 | 11:22 | |
| Johnson | Allan | 1995 | 12:59 | |
| Johnson | Allan | 1996 | 12:48 | |
| Johnson | Dave | 1991 | 15:14 | |
| Johnson | Dave | 1992 | No Time | Unknown |
| Johnson | Mark | 2017 | 10:44 | |
| Johnson | Paul | 2015 | 10:51 | |
| Johnson | Peter | 2018 | 10:05 | |
| Jones | Brian | 2010 | 10:19 | |
| Jones | David | 2012 | 14:23 | |
| Jones | Justin | 2010 | 12:38 | |
| Jones | Murray | 1991 | 14:12 | |
| Jones | Murray | 1992 | 12:56 | |
| Jones | Paul | 1990 | No Time | Unknown |
| Jones | Paul | 2017 | 13:15 | |
| Jones | Paul | 2018 | 12:40 | |

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|-------------|---------|------|---------|-------------|
| Jones | Robert | 1997 | No Time | Narcissus |
| Josephs | Derek | 2014 | 14:47 | |
| Judd | Gavin | 2013 | 14:42 | |
| June | Mike | 1991 | 13:37 | |
| Kaiser | Ben | 2015 | 12:15 | |
| Kesseling | Frank | 1998 | 12:54 | |
| Kesseling | Frank | 2001 | No Time | Narcissus |
| Kibble | Stephen | 2009 | 15:09 | |
| Kilham | Mick | 1998 | 14:35 | |
| Killalea | Patrick | 1996 | 12:29 | |
| King | David | 2000 | 10:24 | |
| Kingsley | Ross | 2009 | 12:05 | |
| Kirkpatrick | Graeme | 2015 | 11:33 | |
| Klep | Chris | 2005 | 10:52 | |
| koester | Byron | 2013 | 10:14 | |
| Kofman | Paul | 2011 | 12:30 | |
| Kofman | Paul | 2012 | 12:29 | |
| Krantzcke | Simon | 2010 | 11:26 | |
| Kromar | Andrew | 1996 | 07:25 | Male Record |
| Kromar | Andrew | 2008 | 07:54 | |
| Kulinitich | Leah | 2017 | 13:27 | |
| Lacey | David | 2011 | 11:51 | |
| Lafferty | Lise | 2013 | 11:36 | |
| Lamprecht | Amy | 2015 | 10:03 | |
| Lamprecht | Amy | 2018 | 9:13 | |
| Lancaster | Dale | 1993 | 14:02 | |
| Lancaster | Dale | 1995 | 12:42 | |
| Lancaster | Dale | 1996 | 14:22 | |
| Lancaster | Dale | 1997 | 12:23 | |
| Lancaster | Dale | 1998 | 12:13 | |
| Lancaster | Dale | 1999 | 13:22 | |
| Lancaster | Dale | 2000 | 13:23 | |
| Lancaster | Dale | 2001 | 13:13 | |
| Lancaster | Dale | 2002 | No Time | Narcissus |
| Lancaster | Dale | 2003 | 12:59 | |
| Lancaster | Dale | 2006 | 13:12 | |
| Lancaster | Dale | 2007 | 14:01 | |
| Lancaster | Dale | 2008 | 13:17 | |
| Lancaster | Dale | 2010 | 13:46 | |
| Lancaster | Dale | 2011 | No Time | Narcissus |
| Lancaster | Dale | 2014 | No time | Pelion |
| Lancaster | Keith | 1992 | 14:40 | |
| Lancaster | Keith | 1993 | 14:02 | |
| Lancaster | Keith | 1995 | No Time | Narcissus |
| Lancaster | Keith | 1997 | No Time | Narcissus |
| Lanceleur | Ludovic | 2014 | 08:38 | |
| Larocca | Mario | 2005 | 12:47 | |
| Larocca | Mario | 2006 | 12:37 | |
| Larocca | Mario | 2007 | 13:07 | |
| Latham | Roger | 2017 | 12:42 | |
| Lauer | Simon | 2011 | 13:34 | |
| Law | Andrew | 1989 | 11:22 | |
| Law | Andrew | 1990 | 10:40 | |
| Law | Andrew | 1991 | 12:08 | |
| Law | Andrew | 1992 | 11:17 | |
| Law | Andrew | 2003 | 09:42 | |

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|------------|-----------|------|---------|-----------|
| Lawford | John | 1998 | 10:31 | |
| Lawrence | Philip | 2005 | 14:46 | |
| Lawrence | Rachel | 1999 | 10:42 | |
| Lawrence | Rachel | 2002 | 13:39 | |
| Lawrence | Rachel | 2003 | 12:41 | |
| Le Marinel | Phill | 2013 | 12:05 | |
| Leahey | Gary | 1994 | 13:31 | |
| Leahey | Gary | 2001 | 12:37 | |
| Leaver | Tom | 1992 | 14:25 | |
| Leditschke | Ben | 2005 | 10:25 | |
| Lefmann | Jordan | 2005 | 11:00 | |
| Lefmann | Martin | 2005 | 10:22 | |
| Leslie | Sarah | 2010 | 14:05 | |
| Lester | lester??? | 1994 | 13:39 | |
| Lester | Monty | 1992 | 12:56 | |
| Lester | Monty | 1993 | 12:23 | |
| Lester | Philip | 2002 | 11:59 | |
| Lester | Philip | 2003 | 10:46 | |
| Lester | Philip | 2004 | 09:38 | |
| Lethlean | Troy | 2018 | 10:24 | |
| Lewis | Dawn | 2000 | 12:29 | |
| lewis | lestyn | 2010 | 11:07 | |
| Lewis | lestyn | 2015 | 10:07 | |
| Lewis | lestyn | 2017 | 12:12 | |
| Lewis | Joe | 2015 | 12:59 | |
| Lilley | Gary | 2011 | 11:45 | |
| Lindsay | John | 2001 | No Time | Narcissus |
| Lindsay | John | 2003 | 14:59 | |
| Lindsay | John | 2006 | No Time | Narcissus |
| Little | David | 2012 | 14:56 | |
| Loane | Kim | 2017 | 11:07 | |
| Loane | Kim | 2018 | 11:06 | |
| Longmore | Bruce | 1981 | 10:48 | |
| Longmore | Bruce | 1990 | 12:14 | |
| Longmore | Bruce | 1998 | 12:41 | |
| Love | Greg | 1993 | 11:02 | |
| Lucas | Andrew | 1986 | No Time | Unknown |
| Lucas | John | 1997 | No Time | Narcissus |
| Lyons | Ben | 2017 | 10:38 | |
| Lyons | Peter | 2015 | 13:07 | |
| Macalister | Clarence | 2011 | 09:35 | |
| MacDonald | Scott | 2009 | 10:58 | |
| MacFarlane | David | 2002 | 12:28 | |
| MacFarlane | David | 2003 | 12:59 | |
| MacFarlane | David | 2004 | 12:59 | |
| MacFarlane | David | 2005 | 13:19 | |
| MacFarlane | David | 2006 | 13:59 | |
| MacFarlane | David | 2007 | No Time | Narcissus |
| MacFarlane | David | 2008 | 13:22 | |
| MacFarlane | David | 2009 | 13:25 | |
| Mackie | Gavin | 1999 | 10:47 | |
| Macmillan | Katherine | 2012 | 12:03 | |
| Macmillan | Katherine | 2013 | 10:53 | |
| Macmillan | Katherine | 2014 | 10:27 | |
| Macmillan | Katherine | 2015 | 10:46 | |
| Macmillan | Katherine | 2017 | 11:13 | |

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|-------------|------------|------|---------|-----------|
| Macmillan | Katherine | 2018 | 10:35 | |
| Macrow-Cain | Sheryl | 2004 | 14:56 | |
| Madden | John | 2000 | 10:27 | |
| Madden | John | 2001 | 11:41 | |
| Madden | John | 2002 | 10:14 | |
| Madden | John | 2003 | 09:40 | |
| Madden | John | 2004 | 09:36 | |
| Madden | John | 2005 | 09:57 | |
| Madden | John | 2006 | 10:46 | |
| Madden | John | 2007 | 11:10 | |
| Madden | John | 2008 | 10:17 | |
| Madden | John | 2009 | 10:41 | |
| Madden | Kaye | 1996 | 14:22 | |
| Madden | Peter | 1998 | No Time | Narcissus |
| Madden | Peter | 1999 | 13:44 | |
| Maddock | Mike | 1990 | 14:13 | |
| Maddock | Mike | 1992 | No Time | Narcissus |
| Malot | Craig | 1985 | 08:45 | |
| Marcant | Christophe | 2012 | 11:11 | |
| Marcant | Christophe | 2017 | 11:01 | |
| March | Mike | 1981 | 10:15 | |
| Markulin | Doug | 1987 | 15:04 | |
| Markulin | Doug | 1988 | 11:29 | |
| Marlow | Alan | 2004 | 12:37 | |
| Marquis | Guy | 2006 | 15:12 | |
| Marshall | Billie | 2012 | 11:29 | |
| Marshall | John | 1985 | 12:24 | |
| Marshall | John | 2007 | 13:54 | |
| Marshall | John | 2010 | 13:25 | |
| Marshall | John | 2011 | 13:13 | |
| Martin | Ally | 2007 | 12:59 | |
| Mason | Brendan | 2007 | 13:31 | |
| Masterson | Tom | 2015 | No Time | Narcissus |
| Mathers | Andrew | 2010 | 14:44 | |
| Matterson | Ed | 1998 | 09:56 | |
| May | Mike | 1988 | 13:15 | |
| McCann | Norm | 1999 | 11:15 | |
| McComb | Jonathan | 2017 | 11:41 | |
| McComb | Jonathan | 2018 | 10:27 | |
| McConnell | Bryony | 2013 | 11:13 | |
| McCullough | Ron | 1989 | 13:35 | |
| McDevitt | Tim | 1991 | 14:12 | |
| McDonald | Scott | 2008 | 10:59 | |
| McFadzean | Stuart | 2009 | 12:13 | |
| McInerney | Garth | 2013 | 10:59 | |
| McIntyre | Michael | 2003 | 11:15 | |
| McIntyre | Michael | 2008 | 11:07 | |
| McIntyre | Michael | 2014 | 11:52 | |
| McIntyre | Michael | 2018 | 11:33 | |
| McKay | Keith | 2010 | 11:45 | |
| McKay | Scott | 2018 | 12:46 | |
| McKenna | Peter | 2012 | No Time | Narcissus |
| McKenzie | Cameron | 2017 | 10:18 | |
| McKenzie | Cameron | 2018 | 9:40 | |
| McKenzie | Paul | 2003 | 09:33 | |
| McKenzie | Paul | 2007 | 08:46 | |

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|---------------|----------|------|---------|-----------|
| McKeown | Gordon | 1984 | 13:46 | |
| McKeown | John | 1984 | 10:52 | |
| McKinnon | David | 2007 | 13:53 | |
| Mcmurtrie | Wayne | 2015 | No Time | Narcissus |
| McNaughton | Jeff | 2006 | No Time | Narcissus |
| Mead | Lawrence | 2000 | 11:04 | |
| Mearns | Keith | 2007 | 10:53 | |
| Mearns | Keith | 2008 | 11:39 | |
| Mearns | Keith | 2010 | 10:09 | |
| Meckenstock | Matt | 2013 | 11:12 | |
| Melchiori | Tristan | 2013 | 10:40 | |
| Meredith | Michael | 2011 | 10:21 | |
| Meredith | Michael | 2013 | 10:01 | |
| Metcalfe | Anthony | 2017 | 13:57 | |
| Meyer | Glenn | 2006 | 10:45 | |
| Michelson | Bruce | 1984 | No Time | Unknown |
| Mickan | Patrick | 2005 | 09:22 | |
| Middleton | Mark | 2013 | 12:45 | |
| Middleton | Mark | 2014 | 12:58 | |
| Middleton | Mark | 2017 | 12:41 | |
| Middleton | Mark | 2018 | No time | Narcissus |
| Middleton | Rebekkah | 2013 | 12:45 | |
| Middleton | Rebekkah | 2014 | 12:58 | |
| Middleton | Rebekkah | 2017 | 12:41 | |
| Middleton | Rebekkah | 2018 | 12:30 | |
| Miles | Michael | 2012 | 10:50 | |
| Miller | Janelle | 2006 | 13:31 | |
| Miller | Paul | 1991 | 12:09 | |
| Miller | Paul | 1995 | 11:12 | |
| Miller | Paul | 1996 | 09:55 | |
| Miller | Paul | 2005 | 10:29 | |
| Millner | Philip | 1993 | No Time | Narcissus |
| Milne | David | 2001 | No Time | Pelion |
| Mitchell | Peter | 1998 | 09:55 | |
| Moggach | Callum | 2018 | 14:25 | |
| Monks | Paul | 2007 | 13:05 | |
| Monks | Paul | 2010 | 13:10 | |
| Monks | Paul | 2013 | 11:04 | |
| Monks | Paul | 2015 | 10:52 | |
| Monks | Paul | 2017 | 11:58 | |
| Monks | Paul | 2018 | 11:13 | |
| Monte | Wil | 2010 | 11:25 | |
| Monte | Wil | 2012 | No Time | Narcissus |
| Montgomery | Iain | 1990 | 12:50 | |
| Montgomery | Iain | 1991 | 13:13 | |
| Montgomery | Iain | 1992 | 13:24 | |
| Mooney | Paul | 2008 | 09:27 | |
| Moore | Daniel | 1985 | 12:41 | |
| Moore | Hugh | 1985 | 09:52 | |
| Moore | Peter | 1991 | 11:40 | |
| Moore | Peter | 1998 | 14:18 | |
| Moore | Peter | 2000 | 13:33 | |
| Morffew | Mike | 1993 | 10:48 | |
| Mountstephens | Richard | 2006 | 08:50 | |
| Mountstephens | Richard | 2009 | 08:38 | |
| Mulcaster | Dean | 2002 | 13:30 | |

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|-------------|-----------|------|---------|-----------|
| Murdock | Adrian | 2017 | 10:29 | |
| Murphy | Andrew | 2003 | 12:18 | |
| Murphy | Philip | 2017 | 11:45 | |
| Murphy | Sarah | 2013 | 12:56 | |
| Muttke | Klaus | 1999 | 13:05 | |
| Nation | Denis | 1992 | 15:07 | |
| Nation | Denis | 1993 | 12:12 | |
| Nation | Denis | 1994 | 12:04 | |
| Nation | Denis | 1995 | No Time | Narcissus |
| Nation | Denis | 2000 | 13:23 | |
| Nelsen | Roger | 1990 | 13:35 | |
| Nelsen | Roger | 1992 | 13:00 | |
| Nelsen | Roger | 1993 | 12:07 | |
| Nelsen | Scott | 2018 | 11:33 | |
| Nesbitt | Don | 1997 | 13:44 | |
| Newell | Craig | 2014 | 13:23 | |
| Newman | Nicole | 2000 | 12:29 | |
| Nicholas | Gavin | 1999 | 13:08 | |
| Nicholas | Gavin | 2002 | 13:53 | |
| Nicholas | Gavin | 2003 | 13:17 | |
| Nicholl | Deb | 2017 | 13:15 | |
| Nicholls | Mathew | 2014 | 13:55 | |
| Noall | Gary | 2005 | 12:24 | |
| Noall | Gary | 2008 | 10:27 | |
| Noall | Gary | 2010 | 11:34 | |
| Noall | Gary | 2013 | 11:46 | |
| Noall | Gary | 2015 | 11:39 | |
| Nordish | Steve | 1992 | 13:45 | |
| Nunan | Daniel | 2018 | 10:11 | |
| Nunn | Peter | 1996 | 14:54 | |
| Nunn | Peter | 1997 | 13:46 | |
| Nye | Bruce | 1995 | 10:40 | |
| O'Brien | David | 1997 | 10:42 | |
| O'Callaghan | Helen | 1999 | 12:57 | |
| O'connor | Damien | 2015 | No Time | Narcissus |
| O'Connor | Matt | 2017 | 11:32 | |
| Olive | Michael | 1995 | 12:34 | |
| Olive | Michael | 1996 | No Time | Narcissus |
| O'Neill | Paul | 2006 | 12:47 | |
| O'Neill | Paul | 2007 | 12:22 | |
| Ong | Elizabeth | 2006 | 13:45 | |
| Owens | James | 2011 | 11:31 | |
| Owens | James | 2012 | 11:36 | |
| Pacque | Paul | 1999 | 10:45 | |
| Pacque | Paul | 2001 | No Time | Narcissus |
| Pacque | Paul | 2007 | 12:00 | |
| Pacque | Paul | 2010 | No Time | Narcissus |
| Page | Jacqui | 2001 | 13:12 | |
| Page | Jacqui | 2002 | 11:31 | |
| Page | Michael | 2009 | 11:07 | |
| Palfreyman | Andrew | 1996 | 12:33 | |
| Palfreyman | Andrew | 1997 | No Time | Narcissus |
| Palfreyman | Andrew | 1998 | 12:41 | |
| Palfreyman | Andrew | 2000 | 12:13 | |
| Palfreyman | Andrew | 2001 | No Time | Narcissus |
| Palfreyman | Andrew | 2008 | 13:23 | |

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|------------|----------|------|---------|-------------|
| Palfreyman | Andrew | 2009 | 14:19 | |
| Palfreyman | Andrew | 2010 | 12:57 | |
| Palfreyman | Andrew | 2011 | 13:03 | |
| Palfreyman | Andrew | 2012 | 13:09 | |
| Palfreyman | Andrew | 2013 | 13:16 | |
| Palfreyman | Andrew | 2018 | 14:27 | |
| Papalia | Jonathan | 2010 | 14:06 | |
| Parker | Gareth | 2012 | 11:34 | |
| Parritt | Andy | 2007 | 12:59 | |
| Parrott | Ann | 2010 | No Time | Narcissus |
| Paton | Nicole | 2018 | 9:59 | |
| Patton | Vince | 2005 | 13:51 | |
| Pavlu | Ondrej | 2017 | 9:35 | |
| Payne | Maurice | 1986 | 14:58 | |
| Pearce | Imogen | 2000 | 12:29 | |
| Pearce | Imogen | 2002 | 10:19 | |
| Pearn | Suzy | 1990 | 15:09 | |
| Pedley | Karen | 2006 | No Time | Kitchen Hut |
| Pedley | Karen | 2010 | 13:53 | |
| Pemberton | Roy | 1981 | 11:25 | |
| Pemberton | Roy | 1983 | 12:58 | |
| Person | Marc | 2013 | 11:36 | |
| Person | Marc | 2014 | 11:08 | |
| Pickavance | Michael | 2007 | 12:55 | |
| Pickup | Richard | 1981 | 10:25 | |
| Pickup | Richard | 2008 | No Time | Pelion |
| Pickup | Richard | 2009 | 13:16 | |
| Pickup | Richard | 2013 | 14:29 | |
| Pickup | Richard | 2014 | 13:33 | |
| Pickup | Richard | 2015 | No Time | Echo Point |
| Pickup | Richard | 2018 | No time | Narcissus |
| Picone | David | 1999 | 12:12 | |
| Pierce | Simahin | 1991 | 13:27 | |
| Pitt | Andrew | 1991 | 11:41 | |
| Pivetta | Caroline | 2006 | 13:45 | |
| Pivetta | Caroline | 2010 | 11:07 | |
| Pizzey | Steve | 2010 | 14:29 | |
| Powell | Chris | 2002 | 12:23 | |
| Powell | Scott | 1998 | No Time | Narcissus |
| Powell | Scott | 1999 | 13:42 | |
| Powell | Scott | 2000 | 13:06 | |
| Powell | Scott | 2002 | No Time | Narcissus |
| Preston | Peter | 2006 | 10:54 | |
| Preston | Peter | 2014 | 10:08 | |
| Preston | Rob | 2006 | 08:59 | |
| Preston | Robert | 2014 | 08:28 | |
| Price | Martin | 2012 | 13:26 | |
| Pridgeon | David | 1996 | 14:10 | |
| Priestly | Rod | 1996 | No Time | Narcissus |
| Privett | Leigh | 1992 | 11:27 | |
| Privett | Leigh | 1993 | 11:30 | |
| Privett | Leigh | 1994 | 10:33 | |
| Privett | Leigh | 1995 | 11:32 | |
| Privett | Leigh | 1996 | 11:26 | |
| Privett | Leigh | 1997 | 10:35 | |
| Privett | Leigh | 1998 | 10:53 | |

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|-----------|-----------|------|---------|------------|
| Privett | Michelle | 1999 | 10:07 | |
| Proctor | Bill | 2004 | 10:20 | |
| Proctor | Steve | 2005 | 14:26 | |
| Proctor | Steve | 2006 | 13:01 | |
| Proctor | Steve | 2007 | 13:16 | |
| Proctor | Steve | 2008 | 13:05 | |
| Prosser | Katherine | 2015 | No Time | Arm River |
| Prytz | Arnstein | 2011 | 11:34 | |
| Purton | Mick | 2010 | 12:18 | |
| Purton | Mick | 2011 | 11:49 | |
| Purton | Mick | 2013 | 11:48 | |
| Quinlan | Meredith | 2012 | 13:26 | |
| Quinn | Julie | 2011 | 10:20 | |
| Rand | Paul | 1985 | 09:26 | |
| Rand | Peter | 1996 | 11:58 | |
| Ranson | Brent | 2012 | 11:28 | |
| Raymond | David | 2008 | 10:11 | |
| Redfern | Stephen | 2018 | 9:05 | |
| Reefman | Peter | 2006 | 08:46 | |
| Rees | David | 2014 | No time | Echo Point |
| Reeve | Karen | 2000 | 14:25 | |
| Reeve | Karen | 2001 | 13:11 | |
| Rennick | Stephen | 2017 | 9:33 | |
| Rensford | Brian | 1998 | No Time | Narcissus |
| Reynolds | Tim | 2011 | 11:31 | |
| Rice | Lee | 2010 | 12:26 | |
| Rider | Alan | 1989 | No Time | Unknown |
| Rider | Alan | 1991 | 13:37 | |
| Rider | Alan | 1993 | 11:31 | |
| Riseley | Paul | 2002 | 10:44 | |
| Riseley | Paul | 2003 | 10:08 | |
| Rishworth | Robin | 1985 | 11:14 | |
| Rishworth | Robin | 1986 | 10:21 | |
| Rishworth | Robin | 1987 | 11:15 | |
| Rishworth | Robin | 1988 | No Time | Unknown |
| Roberts | Marcus | 1982 | 11:58 | |
| Roberts | Marcus | 1983 | 12:58 | |
| Roberts | Marcus | 1985 | 11:26 | |
| Roberts | Martin | 2014 | 13:48 | |
| Roberts | Mitch | 2005 | 11:31 | |
| Robinson | Karen | 2015 | No Time | Narcissus |
| Robinson | philip | 2014 | 13:36 | |
| Roffe | Richard | 2002 | 13:09 | |
| Rolfe | Colin | 2000 | 09:34 | |
| Rosen | Madeleine | 2015 | No Time | Narcissus |
| Ross | Dave | 1991 | 11:32 | |
| Ross | Dave | 1992 | 10:24 | |
| Ross | Dave | 1993 | 08:59 | |
| Ross | Dave | 1995 | 09:10 | |
| Ross | Dave | 1996 | 09:45 | |
| Ross | Dave | 1998 | 08:45 | |
| Ross | Dave | 1999 | 08:44 | |
| Ross | Dave | 2000 | 08:44 | |
| Ross | Dave | 2001 | 10:30 | |
| Ross | Dave | 2002 | 09:54 | |
| Ross | Dave | 2003 | 10:04 | |

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|--------------|---------|------|---------|-----------|
| Ross | Dave | 2004 | 10:59 | |
| Ross | Dave | 2005 | 10:44 | |
| Ross | Dave | 2006 | 10:54 | |
| Ross | Dave | 2007 | 11:53 | |
| Ross | Dave | 2008 | 11:32 | |
| Ross | Dave | 2009 | 11:25 | |
| Ross | Dave | 2010 | 13:46 | |
| Rowe | Claire | 2006 | No Time | Narcissus |
| Rudd | Phillip | 1993 | 12:05 | |
| Rudkin | Chloe | 2013 | 11:07 | |
| Rundle | Sue | 2010 | 11:31 | |
| Rundle | Sue | 2011 | 11:17 | |
| Rundle | Sue | 2012 | No Time | Narcissus |
| Rundle | Sue | 2013 | 11:05 | |
| Rundle | Sue | 2014 | 11:42 | |
| Rundle | Sue | 2017 | 11:52 | |
| Rundle | Sue | 2018 | No time | Cradle |
| Russell | Graeme | 2015 | 9:52 | |
| Sapir | Rony | 2014 | 12:12 | |
| Sargison | Neil | 1988 | 11:44 | |
| Sargison | Neil | 1989 | No Time | Unknown |
| Sargison | Neil | 1992 | No Time | Narcissus |
| Saunders | Travis | 2014 | 13:36 | |
| Savage | Les | 1992 | 13:15 | |
| Saxon | Brett | 2014 | No time | Narcissus |
| Saxon | Brett | 2015 | No Time | Narcissus |
| Schar | Markus | 2015 | No Time | Narcissus |
| Scherleitner | Max | 1994 | 13:49 | |
| Scherleitner | Max | 1995 | 14:02 | |
| Schilg | Scott | 2013 | 09:39 | |
| Schluter | Jessica | 2018 | 10:26 | |
| Schuringa | John | 2017 | 9:18 | |
| Scott | Alan | 1994 | 14:21 | |
| Scott | Alan | 1995 | 14:36 | |
| Scott | Larry | 1991 | 15:14 | |
| Scott | Larry | 1992 | 14:12 | |
| Scott | Larry | 1995 | 13:38 | |
| Scott | Larry | 1996 | No Time | Narcissus |
| Scott | Larry | 1998 | No Time | Narcissus |
| Scott | Michael | 2002 | 14:08 | |
| Scott | Stuart | 1991 | 13:52 | |
| Scott | Tony | 1985 | 10:30 | |
| Scurry | Grant | 2018 | No time | Narcissus |
| Seaton | Michael | 2004 | 14:25 | |
| Shadbolt | Jane | 2005 | 13:15 | |
| Shadbolt | Jane | 2006 | 12:27 | |
| Shadbolt | Jane | 2008 | 11:30 | |
| Shadbolt | Jane | 2010 | 11:58 | |
| Shadbolt | Jane | 2013 | 11:44 | |
| Sheridan | Peter | 2014 | 13:05 | |
| Sherwood | Chris | 1997 | 12:23 | |
| Shickert | Bob | 1981 | 13:15 | |
| Shilston | Ross | 1987 | 15:16 | |
| Shipway | Lucas | 2015 | 13:25 | |
| Shopov | Stoyan | 2009 | 13:32 | |
| Sill | David | 1992 | 12:49 | |

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|----------|---------|------|---------|-----------|
| Simmons | Rob | 1995 | 11:21 | |
| Simpson | Ras | 1990 | 13:35 | |
| Simpson | Ras | 1991 | 12:21 | |
| Simpson | Ras | 1992 | 12:34 | |
| Simpson | Ras | 1993 | 11:28 | |
| Simpson | Ras | 1994 | 11:50 | |
| Simpson | Ras | 1995 | 12:00 | |
| Simpson | Ras | 1996 | 14:10 | |
| Simpson | Ras | 1997 | 12:39 | |
| Simpson | Ras | 1998 | 11:59 | |
| Simpson | Ras | 1999 | 13:49 | |
| Simpson | Ras | 2000 | 13:03 | |
| Simpson | Ras | 2001 | 13:44 | |
| Simpson | Ras | 2002 | 13:30 | |
| Simpson | Ras | 2003 | 13:26 | |
| Simpson | Ras | 2004 | 13:40 | |
| Sinclair | Joanna | 2010 | 12:56 | |
| Skitt | Lee | 1993 | 14:20 | |
| Skitt | Lee | 1994 | No Time | Narcissus |
| Skvaril | Vlastik | 1995 | 13:38 | |
| Skvaril | Vlastik | 1996 | No Time | Narcissus |
| Skvaril | Vlastik | 1997 | 12:33 | |
| Skvaril | Vlastik | 1998 | 10:56 | |
| Skvaril | Vlastik | 1999 | 10:52 | |
| Skvaril | Vlastik | 2000 | 11:32 | |
| Skvaril | Vlastik | 2001 | 11:54 | |
| Skvaril | Vlastik | 2002 | 11:56 | |
| Skvaril | Vlastik | 2004 | 12:43 | |
| Skvaril | Vlastik | 2005 | 14:21 | |
| Slagter | Michael | 2002 | 11:22 | |
| Slagter | Michael | 2003 | 11:45 | |
| Slagter | Michael | 2005 | 11:32 | |
| Slagter | Michael | 2006 | 11:51 | |
| Slagter | Michael | 2007 | 11:47 | |
| Slagter | Michael | 2008 | 12:07 | |
| Slagter | Michael | 2009 | 11:57 | |
| Slagter | Michael | 2011 | 12:46 | |
| Slagter | Michael | 2013 | 12:53 | |
| Slagter | Michael | 2014 | 13:27 | |
| Sloan | Tim | 1993 | 08:22 | |
| Sloan | Tim | 1997 | 07:43 | |
| Sloan | Tim | 1998 | 07:51 | |
| Sloan | Tim | 1999 | 07:43 | |
| Sloan | Tim | 2004 | 07:59 | |
| Sloan | Tim | 2009 | 08:30 | |
| Smith | Damian | 2010 | 09:34 | |
| Smith | Damian | 2013 | 08:58 | |
| Smith | Damian | 2017 | 9:12 | |
| Smith | Darryl | 1989 | 09:32 | |
| Smith | Darryl | 1993 | 09:46 | |
| Smith | Darryl | 1994 | 09:59 | |
| Smith | Darryl | 1998 | 09:05 | |
| Smith | Darryl | 1999 | No Time | Narcissus |
| Smith | David | 1985 | 12:20 | |
| Smith | Mark | 2002 | 13:06 | |
| Smith | Sean | 2013 | 13:22 | |

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|-----------|---------|------|---------|-----------|
| Smith | Sean | 2015 | 12:37 | |
| Soden | John | 2003 | 12:49 | |
| Soden | Zara | 2003 | 12:49 | |
| Sonneveld | Steve | 1996 | 12:56 | |
| Sonneveld | Steve | 1997 | 12:33 | |
| Sonneveld | Steve | 1999 | 13:06 | |
| Sonneveld | Steve | 2000 | 13:29 | |
| Sonneveld | Steve | 2001 | 14:56 | |
| Sonneveld | Steve | 2003 | 14:50 | |
| Speck | Darren | 2014 | 13:05 | |
| Speck | Darren | 2017 | 11:40 | |
| Spencer | Jeremy | 2017 | 11:03 | |
| Sprange | Joe | 2011 | 11:45 | |
| Sprent | Jenny | 2014 | 12:13 | |
| Sprent | Jenny | 2015 | 11:31 | |
| Sprent | Jenny | 2017 | 12:14 | |
| Sprent | Jenny | 2018 | 10:30 | |
| Squire | Tim | 2013 | 13:08 | |
| Squire | Tim | 2014 | 11:49 | |
| Squire | Tim | 2017 | 11:29 | |
| Stacombe | Paul | 1996 | 12:12 | |
| Stacombe | Paul | 1997 | 12:11 | |
| Stanley | Roylene | 2017 | 13:57 | |
| Stary | David | 1995 | 11:49 | |
| Stary | David | 1996 | 12:57 | |
| Stary | David | 1997 | 11:53 | |
| Stary | David | 1998 | 11:36 | |
| Stary | David | 2000 | 13:03 | |
| Stary | David | 2001 | 13:44 | |
| Stary | David | 2002 | 13:14 | |
| Stary | David | 2003 | No Time | Narcissus |
| Stary | David | 2004 | 12:33 | |
| Stary | David | 2006 | 13:09 | |
| Stary | David | 2007 | 13:33 | |
| Stary | David | 2009 | 14:24 | |
| Steele | Colin | 2008 | 10:38 | |
| Stein | Paul | 2005 | 11:22 | |
| Stein | Paul | 2015 | 12:32 | |
| Stephens | Stephen | 1994 | 11:21 | |
| Stevens | David | 2014 | No time | Narcissus |
| Stewart | Mark | 1999 | 13:44 | |
| Stewart | Mark | 2000 | 13:33 | |
| Stone | Mitch | 2007 | 13:05 | |
| Streltsov | Igor | 1994 | 09:10 | |
| Strohfeld | Doug | 1991 | 12:22 | |
| Strohfeld | Doug | 1994 | 11:38 | |
| Strohfeld | Doug | 1995 | 10:54 | |
| Strohfeld | Doug | 1996 | 11:09 | |
| Strohfeld | Doug | 1998 | No Time | Narcissus |
| Strohfeld | Doug | 1999 | 12:28 | |
| Strohfeld | Doug | 2000 | 11:35 | |
| Strohfeld | Doug | 2001 | No Time | Narcissus |
| Strohfeld | Doug | 2002 | 12:11 | |
| Strohfeld | Doug | 2003 | 12:27 | |
| Strohfeld | Doug | 2004 | 14:08 | |
| Strohfeld | Doug | 2005 | 12:42 | |

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|------------|-----------|------|---------|-----------|
| Strohfeld | Doug | 2006 | 13:57 | |
| Strohfeld | Doug | 2007 | No Time | Narcissus |
| Strohfeld | Doug | 2008 | No Time | Narcissus |
| Strohfeld | Doug | 2011 | 13:35 | |
| Strohfeld | Doug | 2012 | 14:16 | |
| Strohfeld | Doug | 2013 | 13:29 | |
| Strohfeld | Doug | 2014 | 13:48 | |
| Strohfeld | Doug | 2015 | No Time | Narcissus |
| Strohfeld | Doug | 2017 | 13:40 | |
| Strohfeld | Doug | 2018 | 13:48 | |
| Strohfeld | Malcolm | 1998 | 12:22 | |
| Strohfeld | Malcolm | 1999 | 12:51 | |
| Strohfeld | Malcolm | 2000 | 12:44 | |
| Strohfeld | Malcolm | 2001 | 13:57 | |
| Strohfeld | Malcolm | 2002 | 13:34 | |
| Strohfield | Doug | 2010 | 13:11 | |
| Strugnell | Jessica | 2011 | 12:33 | |
| Sturch | Rod | 1998 | No Time | Narcissus |
| Suckling | Sandy | 2015 | 13:06 | |
| Sun | Leonard | 2017 | No Time | Narcissus |
| Sutcliffe | Jonathan | 2012 | 14:12 | |
| Sutcliffe | Jonathan | 2018 | 15:18 | |
| Sutherland | Andrew | 2015 | 13:01 | |
| Sutton | Andrew | 2012 | 12:00 | |
| Swan | Greg | 2012 | 13:26 | |
| Sweeney | Patrick | 1998 | 14:33 | |
| Sweetapple | Simon | 2007 | 10:53 | |
| Sweetman | Anne | 2000 | 14:33 | |
| Sweetman | Anne | 2001 | No Time | Narcissus |
| Sweetman | Anne | 2002 | 12:32 | |
| Sweetman | David | 1996 | 12:48 | |
| Sweetman | David | 1997 | 11:45 | |
| Sweetman | David | 1998 | No Time | Narcissus |
| Sweetman | David | 1999 | No Time | Narcissus |
| Sweetman | David | 2000 | 13:52 | |
| Sweetman | David | 2004 | No Time | Narcissus |
| Sweetman | David | 2011 | No Time | Narcissus |
| Sweetman | Neville | 1997 | 13:29 | |
| Sweetman | Neville | 1998 | 11:58 | |
| Sweetman | Neville | 1999 | 12:55 | |
| Sweetman | Neville | 2000 | 12:51 | |
| Sweetman | Neville | 2001 | No Time | Narcissus |
| Sweetman | Neville | 2002 | 11:46 | |
| Sweetman | Neville | 2003 | 11:39 | |
| Sweetman | Neville | 2004 | No Time | Narcissus |
| Symons | Charmaine | 2013 | 12:53 | |
| Szabo | John | 2003 | 14:20 | |
| Tadman | Glenn | 1995 | 11:13 | |
| Tadman | Glenn | 1996 | 11:09 | |
| Tanner | Victoria | 2000 | 11:00 | |
| Taranto | Paul | 1998 | 11:50 | |
| Tatchell | Robert | 2000 | 10:04 | |
| Tatchell | Robert | 2003 | 10:44 | |
| Tatchell | Robert | 2004 | 09:36 | |
| Tatchell | Robert | 2007 | 10:03 | |
| Tatchell | Robert | 2012 | 11:28 | |

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|-----------|---------|------|---------|-----------|
| Taylor | Gordon | 1998 | No Time | Narcissus |
| Taylor | James | 2008 | 10:41 | |
| Taylor | James | 2009 | 10:14 | |
| Taylor | Jason | 2017 | 11:31 | |
| Taylor | Lachlan | 2007 | No Time | Narcissus |
| Taylor | Maurice | 1986 | 12:06 | |
| Taylor | Michael | 2010 | 10:15 | |
| Taylor | Michael | 2011 | 10:03 | |
| Taylor | Rob | 1992 | 11:27 | |
| Taylor | Rob | 1993 | 10:41 | |
| Taylor | Rob | 1996 | 11:23 | |
| Taylor | Rob | 1997 | 10:59 | |
| Taylor | Rob | 1998 | 10:56 | |
| Taylor | Rob | 1999 | 10:43 | |
| Taylor | Rob | 2002 | 11:47 | |
| Taylor | Rob | 2005 | 12:53 | |
| Taylor | Rob | 2007 | 13:37 | |
| Taylor | Rob | 2008 | 13:02 | |
| Taylor | Rob | 2009 | 13:54 | |
| Taylor | Rob | 2011 | 13:56 | |
| Taylor | Ross | 2008 | 10:55 | |
| Taylor | Ross | 2011 | 10:40 | |
| Terpening | James | 2010 | 11:40 | |
| Terpening | James | 2012 | 10:18 | |
| Thompson | Nick | 2006 | 13:45 | |
| Thompson | Nick | 2007 | 14:42 | |
| Thompson | Nick | 2008 | 13:28 | |
| Thompson | Nick | 2009 | 13:50 | |
| Thorn | Julia | 2004 | 12:35 | |
| Thorn | Julia | 2005 | 12:27 | |
| Thorn | Julia | 2006 | 13:03 | |
| Thorne | Warren | 2005 | 12:26 | |
| Tiller | Kevin | 1994 | 12:07 | |
| Timms | Nathan | 2005 | 13:15 | |
| Timms | Nathan | 2006 | 12:27 | |
| Timms | Nathan | 2008 | 11:04 | |
| Timms | Nathan | 2010 | 11:50 | |
| Timms | Nathan | 2012 | 13:18 | |
| Todd | Karen | 2010 | 12:50 | |
| Todd | Karen | 2012 | 14:01 | |
| Todd | Karen | 2014 | 13:14 | |
| Town | Murray | 1994 | 13:39 | |
| Town | Murray | 1995 | 11:58 | |
| Trease | Roland | 2010 | 10:05 | |
| Tristram | Stephen | 2005 | 13:03 | |
| Trueman | Doris | 1997 | No Time | Narcissus |
| Truloff | Gregory | 2015 | 10:16 | |
| Truloff | Gregory | 2018 | 10:05 | |
| Trumper | Jane | 2017 | No Time | Narcissus |
| Turnbull | Chris | 2010 | 11:26 | |
| Turnbull | Chris | 2011 | 09:49 | |
| Turnbull | Chris | 2012 | 09:35 | |
| Turnbull | Simon | 2014 | 14:12 | |
| Turnbull | Simon | 2015 | 11:51 | |
| Tuxford | Mark | 1997 | 14:09 | |
| Urwin | Stephen | 1995 | 11:34 | |

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|------------------|----------|------|---------|-----------------|
| Urwin | Stephen | 2003 | 11:34 | |
| Van Geldermalsen | Ted | 2007 | 12:06 | |
| Van Ryn | Phill | 2018 | 12:06 | |
| Vaughan | Jason | 2006 | 13:45 | |
| Vaughan | Jason | 2010 | 11:07 | |
| Venables | Lloyd | 1985 | 12:20 | |
| von Bibra | Julian | 2009 | 11:59 | |
| Von Bibra | Julian | 2011 | 10:51 | |
| von Bibra | Julian | 2012 | 11:10 | |
| von Bibra | Julian | 2014 | 10:54 | |
| Vonhoff | Bart | 2017 | 11:09 | |
| Vos | Sylvia | 2012 | No Time | Narcissus |
| Waddington | Nigel | 2014 | 10:46 | |
| Wake | Glen | 2009 | 13:58 | |
| Wake | Glen | 2010 | 14:09 | |
| Walch | James | 2009 | No Time | Narcissus 12:20 |
| Walker | Bernard | 1994 | 10:21 | |
| Walker | Bernard | 1997 | 10:59 | |
| Walker | Bernard | 1998 | No Time | Narcissus |
| Walker | Bernard | 1999 | 10:03 | |
| Wallace | Robyn | 1998 | 14:35 | |
| Walter | Rob | 2013 | 07:56 | |
| Walters | Mike | 1987 | 10:04 | |
| Walters | Mike | 1988 | No Time | Unknown |
| Walters | Mike | 1989 | 12:38 | |
| Ward | Janne | 1998 | 14:35 | |
| Warner | Ashley | 1988 | 13:20 | |
| Watson | Alan | 2015 | 12:18 | |
| Watson | James | 1996 | No Time | Narcissus |
| Watson | James | 1997 | 13:38 | |
| Watson | James | 2004 | No Time | Narcissus |
| Waugh | David | 2001 | 11:22 | |
| Waugh | David | 2003 | 12:41 | |
| Waugh | David | 2008 | 09:00 | |
| Waugh | Rachel | 2011 | 11:01 | |
| Waugh (Lawrence) | Rachel | 1999 | 10:42 | |
| Waugh (Lawrence) | Rachel | 2002 | 13:39 | |
| Waugh (Lawrence) | Rachel | 2003 | 12:41 | |
| Waugh (Lawrence) | Rachel | 2008 | 11:04 | |
| Webb | Lindsay | 1989 | No Time | Unknown |
| Webb | Lindsay | 1992 | No Time | Narcissus |
| Webb | Rick | 1998 | 14:27 | |
| Weller | Vic | 1997 | 14:51 | |
| Weller | Vic | 1998 | 13:00 | |
| Wells | Ben | 2018 | 12:39 | |
| Wentworth | James | 2014 | 11:07 | |
| West | Andrew | 1985 | 11:08 | |
| West | Andrew | 1990 | 12:37 | |
| Westwood | Brian | 1983 | No Time | Unknown |
| Westwood | Brian | 1985 | 13:40 | |
| Westwood | Brian | 1986 | 14:58 | |
| Westwood | Brian | 1987 | 16:00 | |
| Whelan | Fiona | 2017 | 11:20 | |
| Whitaker | Jonathan | 2003 | 08:27 | |
| White | Keith | 2001 | No Time | Narcissus |
| White | Stuart | 2011 | 10:31 | |

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|-------------|---------|------|---------|-----------|
| White | Stuart | 2015 | 11:16 | |
| White | Stuart | 2005 | 11:53 | |
| White | Stuart | 2008 | 10:53 | |
| Whittemore | Dan | 1996 | 14:34 | |
| Whitten | Philip | 2008 | 08:52 | |
| Whittington | John | 1994 | 10:46 | |
| Whittle | Bob | 1981 | 15:00 | |
| Whittle | Bob | 1982 | 14:00 | |
| Whittle | Bob | 1983 | 12:58 | |
| Whittle | Bob | 1984 | 13:33 | |
| Whittle | Bob | 1985 | 13:40 | |
| Whittle | Bob | 1988 | 14:45 | |
| Whittle | Bob | 1991 | 14:29 | |
| Whittle | Bob | 1992 | No Time | Narcissus |
| Whittle | Bob | 1995 | No Time | Narcissus |
| Wienholt | Nick | 2011 | 12:50 | |
| Wienncke | Keith | 1995 | No Time | Narcissus |
| Wilkinson | John | 2001 | 13:48 | |
| Wilkinson | John | 2002 | 11:28 | |
| Williams | Andrew | 2007 | 12:18 | |
| Williams | Andrew | 2008 | 10:05 | |
| Williams | Andrew | 2009 | 10:22 | |
| Williams | D Lynn | 2017 | No Time | Narcissus |
| Williams | D Lynn | 2018 | No time | Narcissus |
| Williams | Glenn | 2017 | 9:41 | |
| Williams | Oliver | 1992 | 11:24 | |
| Williamson | Dave | 2005 | 12:24 | |
| Williamson | Dave | 2008 | 11:30 | |
| Williamson | Robert | 1994 | 13:02 | |
| Williamson | Robert | 1995 | 12:59 | |
| Willing | Sharen | 2003 | 12:22 | |
| Willing | Sharen | 2005 | 13:36 | |
| Wilson | Chris | 2011 | 10:58 | |
| Wilson | John | 1983 | 13:10 | |
| Wilson | John | 2006 | 10:27 | |
| Wilson | John | 2007 | 09:49 | |
| Wilson | John | 2009 | 11:08 | |
| Wilson | John | 2010 | No Time | Narcissus |
| Wilson | Matthew | 2012 | 12:31 | |
| Wilson | Steve | 1990 | 13:59 | |
| Wise | Peter | 1995 | No Time | Narcissus |
| Withers | John | 2001 | 14:14 | |
| Wood | David | 2006 | 11:15 | |
| Wood | John | 2013 | 12:52 | |
| Wood | John | 2014 | 13:57 | |
| Wood | John | 2015 | 13:54 | |
| Wood | John | 2017 | 13:41 | |
| Woodberry | Andrew | 1998 | 12:30 | |
| Woodberry | Andrew | 2001 | 14:24 | |
| Woods | Kylee | 2018 | 10:09 | |
| Woodward | Viv | 1992 | 13:01 | |
| Woolford | Tony N | 1999 | 12:45 | |
| Woolford | Tony X | 1999 | 09:11 | |
| Woolley | Robert | 2012 | 09:55 | |
| Worley | Brett | 2002 | 11:20 | |
| Worley | Brett | 2005 | 11:11 | |

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|----------------|----------------|------|---------|-----------|
| Worley | Brett | 2006 | 10:34 | |
| Worley | Brett | 2011 | 11:33 | |
| Worswick | Jonathan | 1994 | 10:29 | |
| Worswick | Jonathan | 2003 | 09:27 | |
| Worswick | Jonathan | 2009 | 12:25 | |
| Wright | Catherine | 1996 | 13:19 | |
| Wright | Catherine | 1997 | No Time | Narcissus |
| Wright | Catherine | 2006 | 12:30 | |
| Wright | Ian | 2005 | 11:16 | |
| Wright | Kerry | 1992 | 14:51 | |
| Wright | Sue | 1992 | 14:51 | |
| Wright | Sue | 1993 | 14:02 | |
| Wright | Sue | 1995 | 12:00 | |
| Wright | Sue | 1996 | 13:19 | |
| Wright | Sue | 1997 | 12:11 | |
| Wright | Sue | 2000 | 13:23 | |
| Wright | Sue | 2006 | 13:12 | |
| Wrigley | Robert | 2001 | 11:35 | |
| Wrigley | Robert | 2002 | 09:40 | |
| Yap | Keng Loon | 2017 | No Time | Pelion |
| Yates | Catherine | 2009 | 13:32 | |
| Yates | Catherine Seal | 2017 | 11:54 | |
| Zijlstra-Evans | Carla | 2003 | 12:52 | |